

Dinner Seminar Invitation

PLANNING AHEAD MADE SIMPLE ✓

R.S.V.P.
TODAY!

Thursday
Sep 29th

Thursday
Oct 13th

Thursday
Oct 27th

A Complimentary Light Dinner Will Be Served
6:15 pm Registration • 6:30 pm Dinner & Presentations

Chapel Ridge Funeral Home & Cremation Centre
8911 Woodbine Avenue, Markham, ON L3R 5G1



www.chapelridgefh.com

Presented by:



Eric Tappenden
Owner
Chapel Ridge Funeral Home & Cremation Centre

Our **FREE DINNER SEMINAR** will provide valuable information on a number of important topics!

- Learn the parts of an effective estate plan: wills, powers of attorney, financial plans, final arrangements
- Tips on how to prepare wills & powers of attorney
- How to lock in costs at today's price
- How to help your executor by gathering information for them in advance
- How to save money and ease the burden on those you care about the most
- Canada Pension and other benefits available
- Receive complimentary copies of 3 booklets on planning ahead

Guest speakers:



Terry Pochmurski
Wills & Estates Lawyer
Cattanach Hindson
Sutton VanVeldhuizen



Jordan Grant
Susan Booth
Pre-Arrangement
Funeral Directors

Exclusive Offer to all Attendees! Find out how to **save 10-35% on your prepaid funeral contract.**
This significant offer can save you hundreds of dollars.

Seating is limited, R.S.V.P. today! 416-371-6406 or info@chapelridgefh.com

■ OPINION

PRICES UP, SPENDING DOWN

RECENT SURVEY BY ANGUS REID INSTITUTE REPORTED THAT 'CANADIANS ARE RESPONDING TO PRICE INCREASES WITH SPENDING DECREASES'



PETER WATSON
Column

charitable donations.

People are also deferring saving. That is understandable; you cannot save what you do not have. However, this will have negative implications down the road.

Almost 80 per cent of those surveyed feel grocery stores are benefiting from inflation by increasing prices more than necessary. Less than 10 per cent think that higher grocery chain profits are due to good management.

Three-quarters of Canadians are stressed about money, and over half the

people surveyed by Angus Reid said they were not able to keep up with the rising cost of living.

Inflation will eventually be controlled and return to the two per cent target set by the Bank of Canada.

Try to manage your spending so you do not end up increasing your amount of debt.

Peter Watson is registered with Aligned Capital Partners Inc. (ACPI) to provide investment advice.

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The opinions expressed are those of the author and not necessarily those of ACPI.

Only investment-related products and services are offered through Watson Securities of ACPI. Peter Watson provides wealth management services through Watson Investments. He can be reached at www.watsoninvestment.com.

EQUAL ACCESS TO HEALTH SUPPORTS FOR PEOPLE EXPERIENCING HOMELESSNESS THROUGH BLUE DOOR'S NEW HEALTH HUB, THANKS TO GENEROUS FUNDING FROM TD BANK GROUP

With hospitals in nearly every major city, the need for a Health Hub in York Region dedicated to serving people experiencing homelessness may not be glaringly obvious.

Blue Door, an organization marking its 40th anniversary in 2022, sees daily how youth, families, and seniors experiencing homelessness are falling through the gaps.

While poor health can lead to homelessness, experiencing homelessness eats away at a person's immune system. Without enough food, with little sleep, and the overwhelming stress of trying to meet even the most basic daily needs including where to eat, shower, or go to the washroom, a person's health quickly declines.

As a result of poor health, people experiencing homelessness have a mortality rate 2-4 times higher than the general population.

While simply trying to survive, people encounter overwhelming barriers to medical attention and improved health including missing health cards, lacking a family doctor, immense stigma and shame, or no place to go home and recover.

Through its corporate citizenship platform, the TD Ready Commitment, TD Bank Group is providing generous funding for Blue Door's new Health Hub, which is opening in the fall of 2022.

An on-site Nurse and Hospital In-Reach Worker will offer lifesaving support through the Health Hub.

By streamlining health supports to improve health and housing outcomes, in collaboration with Southlake Regional Health Centre the Hospital In-Reach Worker connects with people helping discharge people with no fixed address into housing and connecting them to the Nurse.

The Nurse provides basic care, education, and is vital in connecting people to community healthcare options and family doctors.

During the pandemic, at a time when good health and access to housing can mean the

difference between life and death, Blue Door's new Health Hub offers a beacon of hope and good health for our community's most vulnerable.

To learn more, visit www.BlueDoor.ca

40 YEARS
**BLUE
DOOR**

34-47

Average Life Expectancy
for People Experiencing
Homelessness

(Compared to 77-82 years
among the general population)

Supported by

